

Balance for Business



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Prana *power* LLC
Freedom through personal empowerment

The Problem

- My Life is Stressed
 - Working Too Much, Need to Keep it Going
 - Not Enough Family Time
 - No Time for Me
- My Workers Aren't Happy
 - Loss of Productivity
 - Not Committed
- My Company is Not on Track

Out of Balance

- Things Get Out of Balance
- Not Taking Care of Ourselves
 - Time to Reflect on What's Important in Life
 - Time to Relax
 - Time for Family
- Not Taking Care of Workers
 - How to Get Them Committed
- Company is Going Through Difficult Times

Gaining Balance

- Finding What's Important for You
 - Body, Mind, Spirit
- Giving Your Workers the Opportunity to Balance Their Lives
- Balance the Goals of Your Company
- Success and Profits will Follow!

The Balance System

- First - Take Care of Yourself
 - Oxygen Masks
 - Get Your Body, Mind and Spirit in Balance
- Second - Transfer this Value to Your Workers
 - Build a New Culture
- Third - Use Balance in Your Corporate Goals, Strategies and Policies



Your Corporation

- Is Made of Individuals
 - Suffer the Same Maladies as Yourself
- Has a Culture
- Requires Training

Universal Concepts

- Balance
- Mind, Body, Spirit
- Living in the Present Moment

Corporate Fundamentals

- Core Concepts Throughout History
- No Fads
 - Shareholder Value Add
 - ISO 9xxx
 - Six Sigma
 - 7 Habits
- Take Care of these Fundamentals First

PranaPower, LLC

- Holistic Approach
 - You, Workers, Your Corporate Function
- Experienced
 - Leadership + Business Acumen + Technology
- Dedicated to Helping Businesses Thrive in a Difficult Environment